

The Couples Course

- ♥ Are you having as much fun as you could be having in your relationship?
- ♥ Are you open to learning what you need to know to have the relationship of your dreams?
- ♥ Are you willing to experience a positive leap in the level of harmony and creative energy, both in yourself and in your relationship?
- ♥ Would you like to explore real issues in a playful, body-centered way?



In this 10-week course you will learn:

- ♥ To use everything that comes up as an opportunity for growth and learning.
- ♥ How to communicate so that problems resolve quickly.
- ♥ How to get unstuck from recurring patterns, arguments and limitations.
- ♥ How to claim your full creative power while growing closer to each other.
- ♥ To replace blame, criticism and placation with appreciation, ease, creativity & fun!

Cost:	\$795 per couple (includes all materials) Maximum 6 couples, \$50 non-refundable deposit to hold your space
Location:	Old Ottawa East, near St. Paul's University
When:	10 week program, 1 evening per week, 6:30 to 9:00 p.m. (contact us for next course start dates)

"What a wonderful surprise to experience relationship learning in such a fun environment. **I truly appreciate your openness and willingness to share your own life's lessons** for it is very disarming and encourages us to participate fully." Lynn McDaniel (after 1st session of The Couples Course)



Facilitated by **Marlene and Bob Neufeld**, www.marleneandbob.com

For more information and registration please call
613-594-9248 or email info@marleneandbob.com.