

# Relationship Skills for Individuals & Couples

- ♥ Are you having as much fun as you could be having in your relationships?
- ♥ Are you open to learning what you need to know to have the relationships of your dreams?
- ♥ Are you willing to experience a positive leap in the level of harmony and creative energy, both in yourself and in your relationships?
- ♥ Would you like to explore real issues in a playful, body-centered way?



In this 4-week course you will learn:

- ♥ To use everything that comes up as an opportunity for growth and learning.
- ♥ To replace blame, criticism and placation with appreciation, ease, creativity & fun!

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| Cost:     | \$160 per person (includes all materials)<br>\$25 non-refundable deposit to hold your space |
| Location: | Old Ottawa East, near St. Paul's University   |
| When:     | 4 week program, 1 evening per week, 6:30 to 9:00 p.m. New courses start regularly.          |

"What a wonderful surprise to experience relationship learning in such a fun environment. **I truly appreciate your openness and willingness to share your own life's lessons** for it is very disarming and encourages us to participate fully." Lynn McDaniel

"You beam genuine joy and delight. It is safe and free being in your workshop." Carol Garceau

"Marlene & Bob, I really appreciated the way that you held space for lots of "big" stuff to happen - and did so in a way that opened up the shared learning between everyone." J.W.



Facilitated by **Marlene and Bob Neufeld**, [www.marleneandbob.com](http://www.marleneandbob.com)

For more information and registration please call  
613-594-9248 or email [info@marleneandbob.com](mailto:info@marleneandbob.com).